



## Health & Wellness Day at the Moose

### January 20, 2018 @ 12 PM - 4 PM

#### Our Vendors:

Young Living Essential Oils	Wellness Teaching 4U
Familia Dental Kenosha	The Best Thoughts
Kenosha Jazzercise Fitness Center	MidAmerica Hypnosis & Mindset Training Center
Midwest Healthy Cooking (Saladmaster)	Harmony Rose Animal Wellness
Three Moons Acupuncture	Midwest Tai Chi
Massage Therapist	Society's Assets, Inc.
SendOutCards	Pepperspray Patti
Connect Hearing, Inc.	Ruby Ribbon
Weil Foot & Ankle Institute	Passionate Wellness LLC
Living Well	Herzing University - Blood Pressure Checks

Health Fair Presentations		
Time	Area 1	Area 2
12:30-12:45	Living Well	
12:45-1:00		Midwest Tai Chi - Tai Chi
1:00-1:15	Wellness Teaching 4U - Mudras	
1:15-1:30		Harmony Rose Animal Wellness - Animal Acupuncture & Chiropractic Treatment Demo
1:30-1:45	MidAmerica Hypnosis & Mindset Training Center - The Simple Switch - Creating a Magnetic Mind	
1:45-2:00		Pepperspray Patti - Self Defense is More Than Physical Abilities
2:00-2:15	Society's Assets, Inc. Telecommunications Equipment Purchase Program	
2:15-2:30		Kenosha Jazzercise Fitness Center - Dance Exercise
2:30-2:45	Midwest Healthy Cooking (Saladmaster)	
2:45-3:00		The Best Thoughts - Book "The Best Thoughts to Think"
3:00-3:15	Ruby Ribbon - Product Demonstration	

**The Moose will be doing Child Finger Printing too!**

Join us at Kenosha Moose Lodge, 3003 30th Ave!

The event is open to the public. Admission is FREE!

Bring your friends and family - there is something for everyone!

This is a Community Service Event. The proceeds go to Moose Charities.